

In addition to a full program of music and dance each day, you will find singing, storytelling, crafts, Woodlands' docent-led nature hikes, and much more.

DAILY OFFERINGS

Balance & Sip Espresso Bar (before breakfast & at selected times throughout the day/Back Porch)

Join like-spirited friends around the campfire while enjoying an espresso drink designed personally for you by Brenda Goodwin, our *ultimate* barista. Your \$\$ will give American Week's bottom line a caffeine boost, as well.

Warm-up and Stretch (7:30-8:15 a.m./Dance Hall)

Gently awaken your body before classes begin.

Back Porch Gathering (noon-12:30 p.m., every day except Wednesday)

Relax and join the community for daily staff and camper performances, songs, jokes, stories and serendipity. Have something to share? See Given Harrison about getting on the schedule.

Community Art (2:45-4 p.m./Back Porch)

"In the Making"

Behold the paint, the brushes, the paper, the glue and the scissors ... Ann Percival will bring out the toys to help curl that *other* side of your brain.

"Puppets, To Go"

Give form to that Altered Ego whose voice you're finding in Willy and Maynard's storytelling classes.

Lazy Daze (4-4:30 p.m., every day except Wednesday)

Take a break. Enjoy afternoon snacks, crafts and relaxing around the campfire with old and new friends.

Grab Bag (4:30-5:30 p.m./various venues)

is a time for spontaneous events, an hour for campers to share talents, lead discussions and present workshops. Teach belly-dancing or TM; unravel the Hambo or unscramble a Zweifacher; knit a hat or create same with straws and balloons.

Consult the Big Board of Fortune, hosted by Eric Black, to find out *what* is happening *where*.

Stay tuned for:

"Sound Secrets" revealed by Marty Brenneis.

"Care for Your Body!" presented by Kasandra Gruener - daily exercises and postures designed to refresh and energize, focusing on how to gain stamina, strength, and flexibility.

Good Spirits (5:30-6 p.m./Back Porch)

Mellow around the Campfire before dinner. Please bring your own libation and philosophy to share.

Wee-Hours Shenanigans (11 p.m. ...)

Not prepared to unwind after the evening dance? To discover what's in store, consult the Big Board of Fortune and find the fun!

Massage Therapist On Site

Look out, Feet! Prepare to meet Kate Lemmon, fellow camper and licensed massage therapist-for-hire. Pay a reasonable fee for independently scheduled sessions.

SPECIAL EVENTS

24/7 Bookstore

Find books, CD's and crafts produced by our featured staff and a wide range of publications from the national CDSS store as well as an eclectic selection of dance-related products. Shop any time, and then pay for your purchases by cash or check during posted *Pay Now* hours. Credit cards cannot be processed; the nearest ATM is in downtown Mendocino!

Bored with your wardrobe? Leave it all home and go shopping at **Le Grand Marche'**, our brilliantly expanded clothing emporium for men and women. Wears contributed by Lynn Ackerson have yielded amazing support for our Mendocino camps ... thanks, Lynn!

Bring a few, take a few ... explore the stacks at the **Paperback Book Exchange**.

Fund Raising

Our **Live Auction** will be held during the Back Porch Gathering on Tuesday; the **Silent Auction** ends Thursday after lunch.

Auction income helps to make camp financially more accessible to all. Funds not used for scholarships support all BACDS activities, including future camps.

Consider contributing great auction donations such as:

- * Intimate serenades or concerts
- * Custom-written dances or tunes
- * Hard-to-find books
- * Original artwork
- * Musical instruments
- * Handmade foodstuffs, wine, unique cuisine
- * Vintage dance clothing
- * Unique excursions or holidays e.g., airplane rides, cruises, guided river trips, urban tours; a holiday cabin, condominium time/share or B & B.

Please realize that for the Live Auction to be exciting and successful, we need bidders as well as goods. Rather than purchasing an item to donate, consider saving your money to spend at the auction.

Earring Swap (Sunday/Lazy Daze/Back Porch)

Bring a pair: offer those that have been collecting dust ...

Take a pair: a welcome to your newly enhanced wardrobe ...

Make a pair: Lynn Ackerson will show you the loops.

Destination: **Paradise Island** (all day Tuesday)

Time travel across the South Seas for a day of balmy breezes, gently waving palms, silvery surf and sparkling sand.

At day's end, rendezvous with fellow travelers to Rock'n Roll at the **Tropicana Cabana** (11p.m./Dance Hall)

American Pie Picnic (Wednesday, 12noon-3:30p.m./Meadow)

Lunch al fresco amid frisbies, volleyballs and bubbles. Bring sunscreen to share as well as hats, folding-chairs and beach blankets for some fun in the sun.

Enjoy an afternoon hike led by a Woodlands' docent, savor lovely zzz's in the Meadow or sojourn into the quaint town of Mendocino.

Tales to Tingle Your Spine (Wednesday 11p.m./Back Porch)

Face that darkness which lurks beyond the warmth of the campfire. BYO **Ghost Stories**; blankey and teddy bear optional.

SparkleMania (Thursday, 8p.m./Dance Hall)

Glare to be razzle-dazzle-icious ... sparkles, spangles and sequins, oh my!

Traveling On' Dinner and Country Dance (Friday)

Celebrate a week of concentrated fun and camaraderie at the family-style candlelit dinner before elegantly dancing the night away.